



September Breakfast & Lunch Menu

Soap Lake Elementary 2011-2012 School Year



Monday

Tuesday

Wednesday

Thursday

Friday

		31 Yogurt & Crackers Breakfast Pizza French Toast Stix Chicken Patty Wheat Bun/Lettuce Baby Carrots Choice of Fruit	1 Yogurt & Crackers French Toast, Turkey Bacon, Omelet Hot Dog/Wheat Bun French Fries Cucumbers Choice of Fruit	2 Yogurt & Crackers Breakfast Pizza Maple Bar Burrito Corn Spanish Rice Choice of Fruit
5 NO SCHOOL LABOR DAY	6 Yogurt & Crackers Breakfast Pizza Blueberry Muffin Teriyaki Chicken Rice Bowl Steamed Broccoli Choice of Fruit	7 Yogurt & Crackers Sausage on a Stick Biscuit & Egg Patty Turkey Chef Salad Wheat Roll Cookie Choice of Fruit	8 Yogurt & Crackers Breakfast Pizza Cinnamon Roll Beef Patty/Wheat Bun Baked Beans Lettuce/Pickles Choice of Fruit	9 Yogurt & Crackers Waffle/Blueberries Cold Cereal/Toast Deli Ham Snadwich Macaroni Salad Celery Stix Choice of Fruit
12 Yogurt & Crackers Breakfast Pizza Cold Cereal/Toast Corn Dog Tortilla Chips/Salsa Celery Stix Choice of Fruit	13 Yogurt & Crackers French Toast Stix Scrambled Egg/Biscuit Pizza Green Beans Juice Bar Choice of Fruit	14 Yogurt & Crackers Breakfast Pizza Cinnamon Roll Chicken Ranch Salad Wheat Roll Cucumber Slices Choice of Fruit	15 Handful, Yogurt & Crackers Mini Pancakes with Turkey Sausage Links Burrito Fiesta Rice Corn Choice of Fruit	16 Yogurt & Crackers Breakfast Pizza Chocolate Cherry Muffin Chicken Patty Wheat Bun/Lettuce Baby Carrots Choice of Fruit
19 Yogurt & Crackers French Toast Fruit Turnover Chicken Nuggets Potatoes/Gravy Celery Stix Choice of Fruit	20 Yogurt & Crackers Breakfast Pizza Cinnamon Roll Beef Patty/Wheat Bun Baked BBQ Chips Pickles/Lettuce Choice of Fruit	21 Yogurt & Crackers Pancakes Cold Cereal/Toast Taco Salad Tortilla Chips Churro Choice of Fruit	22 Yogurt & Crackers Breakfast Pizza Bagel/Cream Cheese Hot Dog/Wheat Bun French Fries Pork and Beans Choice of Fruit	23 Yogurt & Crackers Sausage on Stick Omelet/Muffin Fish on Wheat Bun Veggies/Dip Jello Choice of Fruit
26 Yogurt & Crackers Breakfast Pizza French Toast Stix Chicken Patty Wheat Bun/Lettuce Vetties & Dip Choice of Fruit	27 Yogurt & Crackers French Toast Stix Maple Bar Taco/Lettuce/Cheese Churro Corn Choice of Fruit	28 Yogurt & Crackers Breakfast Pizza French Toast / Bacon Turkey Chef Salad Wheat Roll Baby Carrots Choice of Fruit	29 Yogurt & Crackers Waffle/Strawberries Cinnamon Roll Deli Ham on Wheat Bun Lettuce/Tomato Cottage Cheese Choice of Fruit	30 Biscuit/Jelly, Yogurt & Crackers French Toast, Turkey Bacon/Boiled Egg, Pizza Green Salad Birthday Cupcake Choice of Fruit

Menu is subject to change. In the operation of child feeding programs, no child will be discriminated against because of race, gender, color, national origin, disability. If you have been discriminated against, write immediately to the **Secretary of Agriculture Washington DC, 20250**. At Breakfast; fresh fruit and canned fruits are available M-W-F and assorted juice on T-Th. At Lunch; fresh whole fruit, canned fruit and milk are available every day. *Wheat



